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ABSTRACT

This document lists a total of 141 family and consumer science (home economics) references that were gleaned from popular press periodicals dating from December 1, 1994, to December 15, 1995. The references are organized by the following categories: child development, consumerism, grooming and clothing care, home environment, personal relationships, presentations, recycling, foods and nutrition, textiles and clothing, and miscellaneous. Among the periodicals represented are magazines devoted to children's crafts, adult crafts, homemaking, family life, child care/parenting, consumer education, teenage life, home decorating, diabetes, creative classroom techniques, sewing, cooking, quilting, and parenting. The articles cited range from crossword puzzles to instructions for completing specific projects/recipes to specific guidelines for purchasing specific products to general guidelines on consumer-related topics and parenting-related topics such as cultural enrichment and building self-esteem. (MN)

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FAMILY AND CONSUMER SCIENCE (HOME ECONOMICS) EDUCATION REFERENCES

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The following references were gleaned from the popular press periodicals dating from December 1, 1994 to December 15, 1995. This list was developed for PENpages by Jan Scholl, Associate Professor at Penn State University, University Park through the assistance of PA Cooperative Extension offices. We hope you will find this list useful to you.

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Child Development

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7. Cultural pursuit. DIALOGUE (Kappa Omicron Nu), January 1995, 7. An game as part of an entire issue on multi-cultural diversity.

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10. Siddals, M. The sandwich solution. HOPSCOTCH, August/Sept 1995, 14-17. Sandwich puzzle. Story about latch-key children.

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1. It came from outer scalp. ZILLIONS. August/Sept 1995, 23-25.

2. Lang, D. Spotting trouble. SEWING DECOR, August 1995, 46-48.

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5. Borcherding, C. Fun underfoot. BETTER HOMES AND GARDENS, March 1995, 21-22, 24, 26. Dyeing sisal rugs.

6. Brandon, J. Medicine pouch, PACK-O-FUN, October 1995, 29.

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14. Gard, C. Use it again. HOPSCOTCH, October/November 1995, 30-31. Recycling ideas.

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16. Good things: board room (slotted bulletin board), MARTHA STEWART LIVING, March 1995, 29-32.

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19. Instant puppet stage. PACK-o-FUN, October 1995, 60.

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21. Karras, P. For the rest of your life. CREATIVE KIDS, September/October 1995, 30-31.

22. Klein, M. Nuts and bolts: Making beautiful window treatments an exciting adventure. MCCALL PATTERNS, Spring 1995, 22-24 26, 94.

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24. Matlin, E. Painting a room. MARTHA STEWART LIVING, June 1995, 34, 36, and 38-39.

25. Serger smart computer room re-do! SERGER UPDATE, July 1995, 4-5.

26. Shelf life (for pictures). MARTHA STEWART LIVING, March 1995, 36.

27. Shine on! 97 Cleaning tips from those who know. WOMAN'S DAY. 3/14/95,112, 114, 116, 117, 118, 119.

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5. When you lose your cool: Is the way you handle anger hurting or helping you? AMERICAN GIRL, July/August 1995, 24-25. Quiz.

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4. Finger puppet gang. FAMILY FUN, Summer issue, 38.

5. Fun-velopes. MICHAEL'S ARTS AND CRAFTS, February 1995, 36-37. Recycling magazines pages into fun envelopes!

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A project that will help youth get the feel of fabrics!

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1996, 63-73.

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31. Edible art. MICHAELS ARTS AND CRAFTS, May/June 1995, 76-77. (cookies)

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33. Food for thought. SOUTHERN LIVING, September 1995, 84-85.

34. Food fun. PACK O' FUN. April 1995, 69.

35. Food fridgies. CRAFTS 'N THINGS, September 1995, 85, 87, 51. Refrigerator magnets that look like food.

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37. Frozen citrus bowls. SUNSET, August 1995, 116. Fruity, fun project.

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49. Grocery store learning. SUPER SNACK NEWS, January 1996, 2-3.

50. Hatch, L. A tinge of fringe. HIGHLIGHTS FOR CHILDREN, November 1995, 4. Fringed bandanna.

51. How to cook pasta to perfection. FINE COOKING, September 1995, 78.

52. Hurst, A. Pantry shape-up. SOUTHERN LIVING, August 1995, 156-159. Pantry stock-ups to create fast meals.

53. Jackson, Karen. Pizza by Lisa. HOPSCOTCH, October/November 1995, 18-21. A poem and a fun recipe for pizza!

54. Katzen, M. Easy lasagna. PRRENTS, January 1996, 103-105.

55. Katzen, M. Grilled-cheese sandwich: Nineties style. FAMILY FUN, December/January 1995, 169-171.

56. Katzen, M. Making cowboy chili. FAMILY FUN, December 1995, 171-3.

57. Katzen, M. Quick tomato soup with crunchy croutons. FAMILY FUN, March 1995, 105-107.

58. Kott, A. Is there a monster in your lunch box? CHOICES, Nov/Dec 1995, 18-36. Food safety, common pitfalls in teenage diet, pyramid.

59. Koury, C. (Bread recipes). PARENTS, January 1996, 135-6. Two step-by step recipes--crunchy wheat rolls and cinnamon raisin bread for parents and children to make together.

60. Koury, C. (Dips). PARENTS, December 1995, 215-6. Strawberry and vegetable dips for kids and parents to make step-by-step.

61. Koury, C. Fruit soup. PARENTS, August 1995, 147. Photo recipe.

62. Koury, C. Homemade applesauce (and pies). PARENTS, October 1995, 197-8. The family gets together to make these foods step-by-step.

63. Koury, C. (Quick breads). PARENTS, November 1995, 231-2. The family gets together to make mini-corn muffins and spoon bread.

64. Lamingtons (Australian treat). HOPSCOTCH, August/Sept 1995, 21.

65. LaGrone, C. The coolest hot cakes ever. COOKING LIGHT, October 1995, 118, 122-123.

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68. Lee, J. Classic English scones. FINE COOKING, October/November 1995, 48-50.

69. Let's cook (popovers--egg safety). PARENTS, April 1995, 105.

70. Little helping hands. REDBOOK, January 1995, 131. Report of study of 1,000 children 8-12 years old and how they help with meals.

71. (Low fat taco salad bowl). SUNSET, August 1995, 119-120.

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74. Make a windowsill herb garden. GOOD-NEWSLETTER, March-April 1995, 2.

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76. Make your own rootbeer. FAMILY FUN, January 1996, 34. Fun science.

77. Making a cornucopia (from commercial breadstick dough). WOMAN'S DAY, 11/21.95, 154.

78. Making rolls the foolproof way. FAMILY CIRCLE, 11/21/95, 140.

79. Malloy, J. A batter way to make bread. BETTER HOMES AND GARDENS, March 1995, B15.

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81. Microwaves to the rescue. WOMAN'S DAY, 11/21/95, 184. Speed up recipe preparation using the microwave.

82. Mills, J. Soda's the secret. SOUTHERN LIVING, February 1995, 132. Fun recipes to enhance pears, cake and steak with soda pop.

83. McWilliams, M. Dressed for dinner. SOUTHERN LIVING, August 1995, 134-136. Table setting tips and ideas.

84. Moore, K. Bread machines. WHAT'S NEW IN HOME ECONOMICS, September/October 1995, 10, 12.

85. No baking required. WOMAN'S DAY 9/1/95, 124, 129. No-bake cookies.

86. Patent, G. Deep purple. COOKING LIGHT, Nov/Dec 1995, 176, 178, 180. Using prunes to reduce fat in recipes.

87. Peanut butter soup. FAMILY FUN, December 1995, 34. From the new Kids Multicultural Cookbook, 34.

88. Perfect pasta. WOMAN'S DAY, 3/14/95, 157-58. Cooking pasta basics and chart on how much to cook (part of a larger article on pasta).

89. Piccuito, P. Do-ahead dinners. FAMILY CIRCLE, 11/1/95, 108-9, 134, 136, 138.

90. Pie in our face. SOUTHERN LIVING, September 1995, 212.

91. Pizza pizazz. COOKING LIGHT, October 1995, 66-70, 72, 74.
At first glance, this article has a lot of exotic ingredients, but it also has good ideas for pizza combinations and a variety of dough recipes.

92. Pomice, E. When kids hate their bodies. REDBOOK, April 1995, 182, 184-5.

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94. Purdy, S. (Food) gits from the kitchen. FAMILY FUN, December 1995, 118-121, 124, 126, 198.

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97. Ragone, R. All about rice. FAMILY CIRCLE, June 6, 1995, 96,98.

98. Rise and shine. COOKING LIGHT, June 1995, 123, 125. Low fat muffins, breads and scones with interesting ingredient combinations.

99. Roasting basics. PARENTS, November 1995, 180. Turkey at its best.

100. Seamans, S. Making a less-mess cake. AMERICAN GIRL, March/April 1995, 26-27. A one pan cake.

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103. Shahin, J. Kings of the kitchen. PARENTS, December 1995, 125-6. Father and son tackle kitchen cooking and chores.

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105. Sheedy, B. Baking soda pandemonium. NEW MOON, January/February, 1995, 45.

106. Siddals, M. The sandwich solution. HOPSCOTCH, August/Sept 1995 14-17. Sandwich puzzle. Story about latch-key children.

107. Simple recipe makeovers (substitutions), WOMAN'S DAY, 11/21/95, 120.

108. Smith, L. Pizza faces. CRAFTING WITH KIDS, Summer 1995, 8.

109. Snacks cool for after school. SOUTHERN LIVING, Sept/Oct 1995, 193-4.

110. Sorenson, J. Cabbage chemists. FAMILY FUN, December/January 1995, 118. Project to test the PH of household substances.

111. Starch search. COOKING LIGHT, January/February 1995, 102, 104,

105. Low-fat versions of 5 different breads!

112. Stevens, M. Keeping food flavorful and safe during freezing. FINE COOKING, October/November 1995, 80.

113. Stir up some fun. SOUTHERN LIVING, April 1995, 196-7.
Easy dips with few ingredients.

114. Tasteful tags. MARTHA STEWART'S LIVING, Dec/Jan 1996, 40.

115. Tevis, C. Bread machiines. SUCCESSFUL FARMING, March 1995, 74-5.

116. Tevis, C. On a roll with bread machines. SUCCESSFUL FARMING, MARCH 1995, 62-63.

117. Thomas, D. Kids in the kitchen. PACK 0' FUN, February 1995, 48-9.

118. Thomas, D. Kids in the kitchen. PACK O' FUN, December 1994, 62-3.

119. Thomas, D. Kids in the Kitchen, PACK-O-FUN, June 1995, 42-43.
Hippo Rolls and Tin Can Ice Cream.

120. Today's pressure cookers work quickly--and safely. FINE COOKING, October/November 1995, 18, 20.

121. Toddler munchies. PARENTS, January 1996, 115-6, 118.
Recipes for young children that an older child can make and enjoy.

122. Totally awesome (cake) desserts. FAMILY CIRCLE, 7/18/95, 102-104.
Decorated pound cakes result from contest.

123. Uncola rap. Zillions, June/July 1995, 36 (back page).
A rap that brings out information about consumer advertising.

124. Unforgettable birthday blasts. AMERICAN GIRL, May/June 1995, 20-25.

125. Very banana bread. FAMILY FUN, Holiday 1995, 139-140.

126. What's new in thread and scissors. WHAT'S NEW IN HOME ECONOMICS, January/February 1995, 40.

127. Where in the world do you find dry beans? THE BEAN BAG (newsletter), Spring 1995, 2. An interesting exercise of matching each ethnic food and location where they are grown to a description of the beans which are their key ingredient.

128. Winning snacks. SOUTHERN LIVING, August 1995, 172.
Recipes for granola bars, muffins and no-bake cookie balls.

129. Wroble, L. Taming the winter chill. HOPSCOTCH, Dec/Jan 1995, 30-1. Hot beverages for kids to make.

130. Yamarone, R. Can-do dinners. FAMILY CIRCLE, February 1, 1995, 14, 116, 118.

131. Yamarone, R. Kid pleasers. FAMILY CIRCLE, June 6, 1995, 92, 94.

TEXTILES AND CLOTHING

1. Artful buttons, SEWING TODAY NEWSLETTER, Fall 1995, 6.

2. Baker, N. Nice threads! Serger-right options. SERGER UPDATE, August 1995, 1-2. Information on choosing serger thread.

3. Baker, L. Fashion glossary: Cuffs. SEW NEWS, Sept 1995, 80.

4. Baker, L. Fringe: Fashion Glossary. SEW NEWS, May 1995, 72.

5. Bandanna bonanza. WEEKEND CRAFTS, Vol. 5 No. 1, 32-33, 77-79. Easy to make pillows from bandannas.

6. Bands and bindings. THE SEWING SAMPLER, April 1995, 4-7.

7. Barber, C. Caring for shoes and bags. MARTHA STEWART LIVING, April 1995, 62, 64, 66, 68, 69.

8. Barnabee, S. Wheel genius. SEW NEWS, Sept 1995, 71. Make a cover for an automobile steering wheel.

9. Barry, E. First impressions. SEW NEWS, February 1995, 38, 40, 41. Putting together an interview outfit, plus interview tips.

10. Basics. THREADS, May 1995, 14, 16. Old and new techniques and notions. Pages 10 and 12 also have techniques for hook and eye and button placement.

11. Beaded safety pins and friendship necklaces. PACK-O-FUN, August 1995, 29.

12. Bean snake (draft dodger). MARTHA STEWART'S LIVING, Feb 1995, 34.

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15. Bendel, P. End notes (hems). SEW NEWS, June 1995, 26-28.

16. Bendel, P. Handle with care. SEW NEWS, Sept 1995, 18, 21. Potential hazards in the sewing room.

17. Bendel, P. Here's the point (needles). SEW NEWS, Jan 1996, 28-9.

18. Bendel, P. Horse tales. SEW NEWS, May 1995, 52, 54-56. Sewing riding clothes.

19. Bendel, P. Trial, no error. SEW NEWS, Sept 1995, 56, 58, 59. How to make a muslin mock-up to fit a garment.

20. Bendel, P. On your mark. SEW NEWS, March 1995, 62, 64. Marking fabrics.

21. Bias basics. BUTTERICK HOME CATALOG, Summer 1995, 18-21. Tips on using the bias in sewing.

22. Blooming touches. FAMILY CIRCLE, 12/19/95, 63. Fashion roses.

23. Brandes, K. Weave basics. SEW NEWS, March 1995, 42,44, 46.

24. Brazel, L. A place for imagination. CRAFTING WITH KIDS, Summer 1995, 6-7.

25. Brown, G. Serging forum. SERGER UPDATE, October 1995, 3.

26. Burch, J. Quilting with kids. QUILTING, November 1995, 56-58.

27. Calling all (kid) chefs. CREATIVE KIDS, May/June 1995, 26-27. (Also see the pizza maze on page 29.)

28. Candela, A. Stealing from the tie racks. THREADS, June/July 1995, 32-35.

29. Carlson, R. Homespun hobby. NEW MOON, Nov/Dec 1995, 18-19. A young girl talks about her quilting hobby.

30. Coffin, D. The pros on pressing. THREADS, January 1996, 40-43.

31. Collinsworth, D. Easter basket pin. PACK O' FUN, April 1995, 61. Learn the basics of weaving while making a pin to wear!

32. Cook, J. Velcro's wool. PACK O' FUN, April 1995, 46-49. A poem, a story, care instructions, and illustrated steps for making a wool yarn and wool products.

33. Cook, J. The mighty bodkin. PACK-O-FUN, June 1995, 44-46. A really cute story and limerick about how bodkins can be used.

34. Creative viewpoints. SEWING TODAY, Winter 1995, 8. Embellishments.Using scarves to make a patchwork muffler. Ideas to apply to various projects.

35. Critter clothes, PACK-O-FUN, June 1995, 26-27. (Decorate shirts!)

36. Crosthwaite, M. How to read a pattern. THE SEWING ROOM, April 1995, 8-11.

37. Cummins, C. Snap to it. SEW NEWS, August 1995, 18. Types of snaps and how-to apply them.

38. Cummins, C. Serger drama 101. SERGER UPDATE, March 1995, 7. Make an educational theater and puppets!

39. Cummins, C. Serger sampler. SEW NEWS, February 1995, 20-24. Basic serging techniques to create a sampler.

40. Dakar, A. The inner face. SEW NEWS, Sept 1995, 52, 54-5. Interfacing tips, types and tests!

41. Deckert, B. Collar couture (tailoring). SEW NEWS, Jan 1996, 50-2.

42. Dunn, S. Designing thought and action. LEARNING, August 1995, 52-3. Integrate language, math, science and the arts while children investigate design and create. Puppets and other ideas.

43. Estes, E. The hundred dresses. AMERICAN GIRL, May/June 1995, 34-41. (From the book by the same name. Story teaches celebration of different types and backgrounds of people.)

44. Fabric painting (easy reference chart). CRAFT AND WEAR, May 1995, 37.

45. Fall, C. Hanger covers and sachets. QUILTING FOR CHRISTMAS 1995, 4, 52-3. Easy to make closet accessories.

46. Fall, C. Heart and holly makeup bag. QUILTING FOR CHRISTMAS 1995, 4, 8-9.

47. Fard, N. Easy (garter) stitch scarf. PACK O' FUN, February 1995, 19.

48. Fit to be tied. FAMILY CIRCLE CHRISTMAS HELPS 1995, 107.

49. Franklin, L. Puttin' on the glitz sunglasses. MICHAELS ARTS AND CRAFTS, 75.

50. General Techniques. SEWING DECOR. August 1995, 53-55. Illustrated techniques including creating continuous bias (excellent chart with amount created based on width of fabric and cut with of bias),mitered corners, perfect pillow corners, and welting edges.

51. Ghost, A. Know your knits. SEWING UPDATE, June/July 1994, 4-5. Pictures a variety of knits used in garments and explains knit construction in an easy-to-read format.

52. Giesbrecht, Myrna. Sew organized. VOGUE PATTERNS, March/April 1995, 28, 29, 31, 84. An especially good section on ergonomics.

53. Gift bags. MARTHA STEWART's LIVING, Dec/Jan 1996, 38.

54. Giordano, J. An apron for all seasons. THREADS, January 1996, 60-62. A really useful apron that can be used so many ways!

55. Good things: Buttons. MARTHA STEWART'S LIVING, February 1995, 32. Rings, tacks and boards--things to make with buttons!

56. Gosch, A. Warm up to recycled remnants. SEWING UPDATE, September/October 1995, 7. (Pieced scarf).

57. Gosch, A. Sweater savers. SEWING UPDATE, December 1995, 68-70. Recycling ideas with sweaters. For intermediate to advanced sewers.

58. Hand sewing sampler. SEW NEWS, May 1995, 58, 60, 61.63. An illustrated guide to basic stitches.

59. Hanson, R. My first mittens. FAMILY FUN, December 1995, 146-148, 150. Story, materials, and ho-tos for you and a child.

60. Hart, L. Two hats in one. THE SEWING ROOM, April 1995, 14-17. A nine-year old girl makes a reversible hat from a simple pattern.

61. Hastings, P. One hour two-in-one tote. SEWING TODAY NEWSLETTER, Summer 1995, 8. Reversible tote.

62. Hatch, L. A tinge of fringe. HIGHLIGHTS FOR CHILDREN, November 1995, 4. Fringed bandana.

63. Heat Raves. SERGER UPDATE, June 1995, 7. Directions for making one of those smancy heat wraps that conform to the neck, arms, etc. The wraps are made from tube socks and heated in the microwave.

64. Hegdahl, T. Breakfast mat, CRAFTING WITH KIDS, Summer 1995, 9. Place setting on placemat.

65. Hedgehog pincushion. FAMILY FUN, Sept 1995, 32. Fun, handy tool.

66. How to buy a jacket. CONSUMER REPORTS, March 1995, 136-141.

67. Hunt, P. Sewing and quilting notions organizer. CRAFT AND WEAR, September 1995, 8. Use a closet shoe bag with clear pockets.

68. Inverso, T. Quick to make (felt projects). THREADS, Nov 1995, 76.

69. Joyner, L. Closet cases. SOUTHERN LIVING, January 1995, 80-83.

70. Kaczmarek, J. Recycled blues (jeans). PACK O' FUN, February 1995, 30-1, 62.

71. Kids mitts. FAMILY CIRCLE CHRISTMAS HELPS, 102-3. Mittens from recycled sweaters.

72. Klein, M. Wrap and roll. SEWING DECOR, November 1995, 22-24, 26. Make a gift wrap organizer for a closet.

73. Kunkel, K. Sew to Win. SEW NEWS, June 1995, 36, 38-40. Tips on sewing for fairs.

74. Layered nails made easy. GLAMOUR, May 1995, 234-237. Mixing nail polish colors can make new colors.

75. Life size dolls. FAMILY FUN, January 1996, 28. Easy to make.

76. National 4-H Fashion Revue, 1994 (report). MCCALL PATTERNS, Summer 1995, 8-9.

77. No body's perfect. FAMILY CIRCLE, February 1, 1995, 86-91.

78. Overhaul your overalls. FAMILY FUN, September 1995, 32.

79. Pirrone, R. Classy bookmarks, PACK-O-FUN, June 1995, 17.

80. Porch pleasures. FAMILY CIRCLE, 5/16/95, 106-107, 139. Bandanna projects; chairpads from jeans.

81. Professional hemming review. SERGER UPDATE, September 1995, 7.

82. Quick to make. THREADS, November 1995, 76. Felt projects.

83. Raasch, L. Button art. SEWING UPDATE. May-June 1995, 4-5.

Designer ways of sewing on a button!

84. Raasch, L. In the loop. SEW NEWS, Nov 1995, 38, 40-43. A new "turn" on pinwearing.

85. Read. J. Low-vision sewing. THREADS, May 1995, 8.

86. Rice, N. Sock serge. SERGER UPDATE, Sept 1995, 4-5. Make easy fleece socks for).

87. Richards, P. Bucket buddy. SEW NEWS, March 1995, 8, 10. A gardening bucket organizer to sew.

88. Robinson, F. The zipper (fiction). HIGHLIGHTS FOR CHILDREN, November 1995, 6-7.

89. Roehr, M. Reviving tired waistbands. THREADS, October/November 1995, 49-51.

90. Roehr, M. Lining an unlined jacket. VOGUE PATTERNS, July/August 1995, 24-25, 74.

91. Rogers, M. Memories of motherhood: A Victorian shadow box. May/June 1995, 24.

92. Rogers, M. Sandpaper shirt. MICHAEL'S ARTS & CRAFTS, Sept/Oct 1995, 84. A new way to decorate a t-shirt with fabric crayons.

93. Russell, S. Back to school. SEW NEWS, October 1995, 20-23.

94. Russell, S. The hole story. SEW NEWS, March 1995, 34-37. Basic ways of making button holes and creative ways to use them.

95. Russell, S. Placket pointers. SEW NEWS, Sept 1995, 48, 50.

96. Saunders, J. Mastering machine maintenance. SEWING UPDATE, March-April 1995, 4-5.

97. Saunders, J. Pillow-talk--Simple serged slipcovers. SERGER UPDATE, May 1995, 4-5. Use old shirts and other ideas for pillows.
Scorgie, J. Designing easy patterns to fit any body. HANDWOVEN, MARCH/APRIL 1995, 37-41, 43.

98. Serger Maintenance Check: At home remedies. SERGER UPDATE, July 1995, 6.

99. Serger veggies. SERGER UPDATE, August 1995, 7. Muslin vegie bags.

100. Seven easy (wardrobe) pieces. REDBOOK, January 1995, 78, 80.

101. Seven Fast-Fixes For Last Minute (grooming) Disasters. WOMAN'S DAY, 11/21/95, 67.

102. Shaeffer, C. Designer details in vogue. VOGUE PATTERNS, July/August 1995, 22-23. Hard to find directions for gussets.

103. Shepard, K. It's in the bag. MICHAEL'S ARTS & CRAFTS, Sept/Oct 1995, 15, 93. Plastic and paper bag holders--a Sew Much More idea.

104. Shepard, K. Seed packet pouches. MICHAEL'S ARTS AND CRAFTS, May/June 1995, 16.

105. Shepard, K. Teepee camp-out. MICHAELS ARTS AND CRAFTS, May/June 1995, 86-7. Make a fabric teepee.

106. Shoesmith, M. STASH MANAGEMENT, June 1995, 44, 46-47.

107. Simple craft projects. WHAT'S NEW IN HOME ECONOMICS, March/April 995, 10.

108. Simmonsen, A. Make a fun wind sock. SEWING ROOM, May 1995, 12-14. Sit up straight. LADIES HOME JOURNAL, May 1995, 90.

109. Smith, N. and Milligan, L. Sew much fun! QUILTER'S NEWSLETTER MAGAZINE, July/August 1995, 28-29. Making fabric stationary.

110. Soehnge, J. Pennies for your thoughts. CRAFT AND WEAR, September 1995, 12-13. A wool vest with antique rug "pennies".

111. Soto, A. Tender care for clothes. VOGUE PATTERN MAGAZINE, January February 1995, 24,78. Daily care and stain removal guide.

112. Speedy organizers to serge. SERGER UPDATE, August 1995, 4-5.

113. Spiegelhoff, R. Tee time. SEW NEWS, March 1995, 58-61. T-shirt sewing.

114. Splatter shirts and tie-dye socks. FAMILY FUN, Summer issue, 36.

115. Stamp it! WEEKEND CRAFTS, Vol. 5 No. 1, 22-25, 73-5. Potato print stamps on fabric.

116. Stitcher's (socks) and stocking. MICHAEL'S CHRISTMAS CRAFT PREVIEW, 74-75. Embellish socks!

117. Stocking up. MARTHA STEWART'S LIVING, Dec/Jan 1996, 36. Holiday stockings made from dish towels.

118. Stretchberry, B. Sewing up history. NEW MOON, Nov/Dec 1995, 20-1.

119. Summer jewels. Summer Accent Pillows. MICHAEL'S ARTS AND CRAFTS, May/June 1995, 8, 29-33.

120. Sweatshirt update--serger spiff-ups! SERGER UPDATE, October 1995, 4-5.

121. Tabasco tote. MICHAEL'S ARTS AND CRAFTS, February 1995, 12. Use old jeans pockets and belt loops and a bean soup mix to create a product to sell.

122. Tasteful tags. MARTHA STEWART'S LIVING, Dec/Jan 1996, 40.

123. Teach yourself to serge-better. SERGER UPDATE, February 1995, 4-5.

124. Thomas, K. Gift bags. MICHAEL'S CHRISTMAS CRAFT PREVIEW, 22-23.

125.Thomas, K. Quilt square jar lids. MICHAEL'S CHRISTMAS CRAFT PREVIEW, 29. Cross-stitch canning jar covers-an easy first project.

126.Toomie, T. A baseball cap to call your own. THREADS, June/July 1995, 53-57.

127.Torres, L. (Making) Polymer Clay Buttons. SEWING ROOM, May 1995, 19-22.

128.Towel apron. MARTHA STEWART LIVING, May 1995, 40.
Easy apron from dishtowels.

129.Van Buren, A. Melting mitt warning issued. DEAR ABBY, Saturday, January 28, 1995.

130.Voelker, P. Fabric fold-a-tote. CRAFTS 'N THINGS, July 1995, 74, 76. Easy tote that folds up into a little packet.

131.Weiland, B. On the fly (zippers). SEW NEWS, March 1995, 30, 32.

132.What's that smell? And other questions about nail polish. ZILLIONS, April/May 1995, 18-19.

133.Wheatley, F. My brother's keeper. FAMILY CIRCLE, 11/21/95, 15-16. learn how one woman makes quilts for the homeless and how you can donate scraps.

134.Wheeler, C. Clever vests. MCCALLS QUILTING, December 1995, 51-3.

135.Which stitch (puzzle). SEW NEWS, March 1995, 42.

136.Why I sew. SEWING ROOM, May 1995, 43. Insights from hindsights.

137.Williams, P. Milkcap hair bows. PACK-O-FUN, June 1995, 65.

138.Woven ribbon drawstring bags. MICHAEL'S CHRISTMAS CRAFT PREVIEW, 116-118.

139.Zone comfort. MICHAEL'S ARTS AND CRAFTS, February 1995, 76-79.
Use two layers of sweatshirts to make toasty outdoor jackets.

Miscellaneous

1. Harris, M. Give a kid a camera. PROGRAMS AND PEOPLE (University of Idaho, Winter 1994/95, 12-13.

2. Sturm, C. Hop on! It's easy to cruise the Internet. LEARNING, March 1995, 82-84.